



**Succeeding together - 'fostering a love of learning, within a nurturing Christian community,
to bring out 'the best in everyone'**

PHSE Objectives

	Autumn 1 Being me in my world	Autumn 2 Celebrating Differences	Spring 1 Dreams and Goals	Spring 2 Healthy Me	Summer 1 Relationships	Summer 2 Changing Me
<u>EYFS</u>	I know my rights and responsibilities within our Learning Charter	I know that not everyone is the same and we all have different likes and dislikes.	I know that when I try hard, I can meet my goals.	I know some ways to stay healthy and safe.	I know how to be a good friend and what to do if I need a friend to help me play and/or learn.	<ul style="list-style-type: none"> • I know the names of my body parts. • I know who to speak to and how to talk about things that might be worrying or sad as well as the things that I want to know more about.

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	Autumn 1 Being me in my world	Autumn 2 Celebrating Differences	Spring 1 Dreams and Goals	Spring 2 Healthy Me	Summer 1 Relationships	Summer 2 Changing Me
<u>YEAR 1</u>	<ul style="list-style-type: none"> • I know my rights and responsibilities within our Learning Charter 	<ul style="list-style-type: none"> • I know some ways that I am different from my friends 	<ul style="list-style-type: none"> • I know why my internal treasure chest is an important place to store positive feelings. • I can tell you how I felt when I succeeded in a new challenge and how I celebrated it 	I know why I think my body is amazing and know some ways to keep it safe and healthy.	I know people who are special to me and why.	I know the parts of the body that make boys different to girls and I know the correct names for these: penis, testicles, vagina

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<u>YEAR 2</u>	<ul style="list-style-type: none"> • I know the choices I make will have either positive or negative consequences. 	<ul style="list-style-type: none"> • I know some ways in which my friend is different from me. 	<ul style="list-style-type: none"> • I know some of the ways I worked cooperatively in my group to create an end product. 	<ul style="list-style-type: none"> • I know why foods and medicines can be good for my body, comparing my ideas with less healthy/ unsafe choices. 	<ul style="list-style-type: none"> • I know some of the things that cause conflict between me and my friends. 	<ul style="list-style-type: none"> • I know the physical differences between boys and girls, use the correct names for parts of the body (penis, testicles, vagina) and appreciate that some parts of my body are private

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<u>YEAR 3</u>	<ul style="list-style-type: none"> • I know how my actions affect others and try to see things from their points of view 	<ul style="list-style-type: none"> • I know that conflicts happen in families or in friendship groups. • I know that words can be used in hurtful or kind ways when conflict happens. 	<ul style="list-style-type: none"> • I know different ways that help me to learn and what I need to do to help myself improve. 	<ul style="list-style-type: none"> • I know how to keep myself safe and who to go to for some help. 	<ul style="list-style-type: none"> • I know how some of the actions and work of people around the world help and influence my life. 	<ul style="list-style-type: none"> • I know how boys' and girls' bodies change on the inside during the growing up process. • I know why these changes are necessary so that their bodies can make babies when they grow up.

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<u>YEAR 4</u>	<ul style="list-style-type: none"> I understand how democracy and having a voice benefits the school community. 	<ul style="list-style-type: none"> I know why bullying might be difficult to spot. I know that first impressions might change how you feel about someone. 	<ul style="list-style-type: none"> I know how to make a new plan and set new goals even if I have been disappointed. 	<ul style="list-style-type: none"> I know that feelings of anxiety and fear are associated with peer pressure. 	<ul style="list-style-type: none"> I understand that people have different points of view on animal rights issue. 	<ul style="list-style-type: none"> I know that there are changes that happen to boys' and girls' bodies that prepare them for making a baby when they are older.
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<u>YEAR 5</u>	<ul style="list-style-type: none"> • I know and understand how democracy and having a voice benefits the school community and know how to participate in this. 	<ul style="list-style-type: none"> • I know the differences between direct and indirect types of bullying. 	<ul style="list-style-type: none"> • I know that the dreams and goals of a young person in different cultures might be different from mine. 	<ul style="list-style-type: none"> • I know the different roles food can play in people's lives. • I know how people can develop eating problems (disorders) relating to body image pressures 	<ul style="list-style-type: none"> • I know how to stay safe when using technology to communicate with my friends. 	<ul style="list-style-type: none"> • I know how boys' and girls' bodies change during puberty.
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<u>YEAR 6</u>	<ul style="list-style-type: none">• I know how democracy and having a voice benefits the school community	<ul style="list-style-type: none">• I know ways in which difference can be a source of conflict or a cause for celebration.	<ul style="list-style-type: none">• I know ways in which I can work with other people to help make the world a better place.	<ul style="list-style-type: none">• I can evaluate when alcohol is being used responsibly, antisocially or being misused	<ul style="list-style-type: none">• I can recognise when people are trying to gain power or control	<ul style="list-style-type: none">• I can describe how a baby develops from conception through the nine months of pregnancy, and how it is born
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